

This is

safe and clean places to play

safe health facilities

tobacco-free environments

Public

breast feeding

seat belts

nutrition programs

car seats

clean air

Health...

increasing years of healthy life

affordable health care

healthy mothers and healthy babies

healthy homes

cancer screening

jogging trails and bike paths

Wearing helmets

prepared communities



**EAST-CENTRAL DISTRICT
Health Department**

PLATTE, COLFAX, BOONE & NANCE

Better Health Through Partnerships



PublicHealth
Prevent. Promote. Protect.

2009 Annual Report to the Community

Prevent

Public Health is the prevention of disease in our community.

Kick Butts Contest. Students were invited to participate in a radio commercial contest. 2,004 students submitted a total of 69 commercials. Four commercials were produced by the students and aired during the week of Kick Butts Day. The response in the community was positive, as they heard the voices of their own children address this public health issue on radio.

Promote

Public Health is the promotion of good health in our community. The WIC program promotes good health through healthy supplemental foods, health care referrals and nutrition education for low income mothers and children up to age 5.

The Women, Infant and Children (WIC) Program saw tremendous growth during 2009. WIC served 2,915 clients and had a total of 21,256 contacts with these clients. A 9% increase from last year. Also in 2009, in coordination with the city of Schuyler and Alegent Hospital, WIC opened a permanent location in Colfax County.

Protect

Public Health is protecting our community. During the first pandemic of our century, H1N1, our staff and volunteers protected our families by immunizing our community.

All schools within the ECDHD service area report student absences. Many absences reported in fall 2009 were related to influenza like illness (ILI). In early October, ECDHD staff and volunteers took H1N1 vaccine on the road to every school in the four County service area, immunizing 7,000 children in 38 schools. As a result, by December, the incidence of ILI decreased sharply.

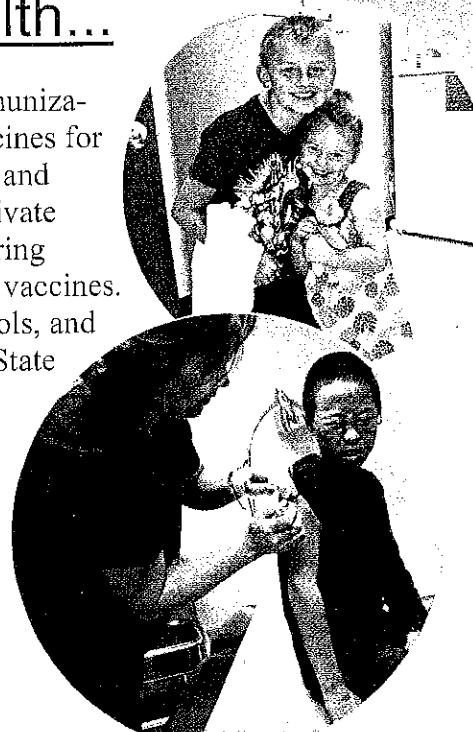
GOOD NEIGHBOR COMMUNITY HEALTH CENTER BOARD

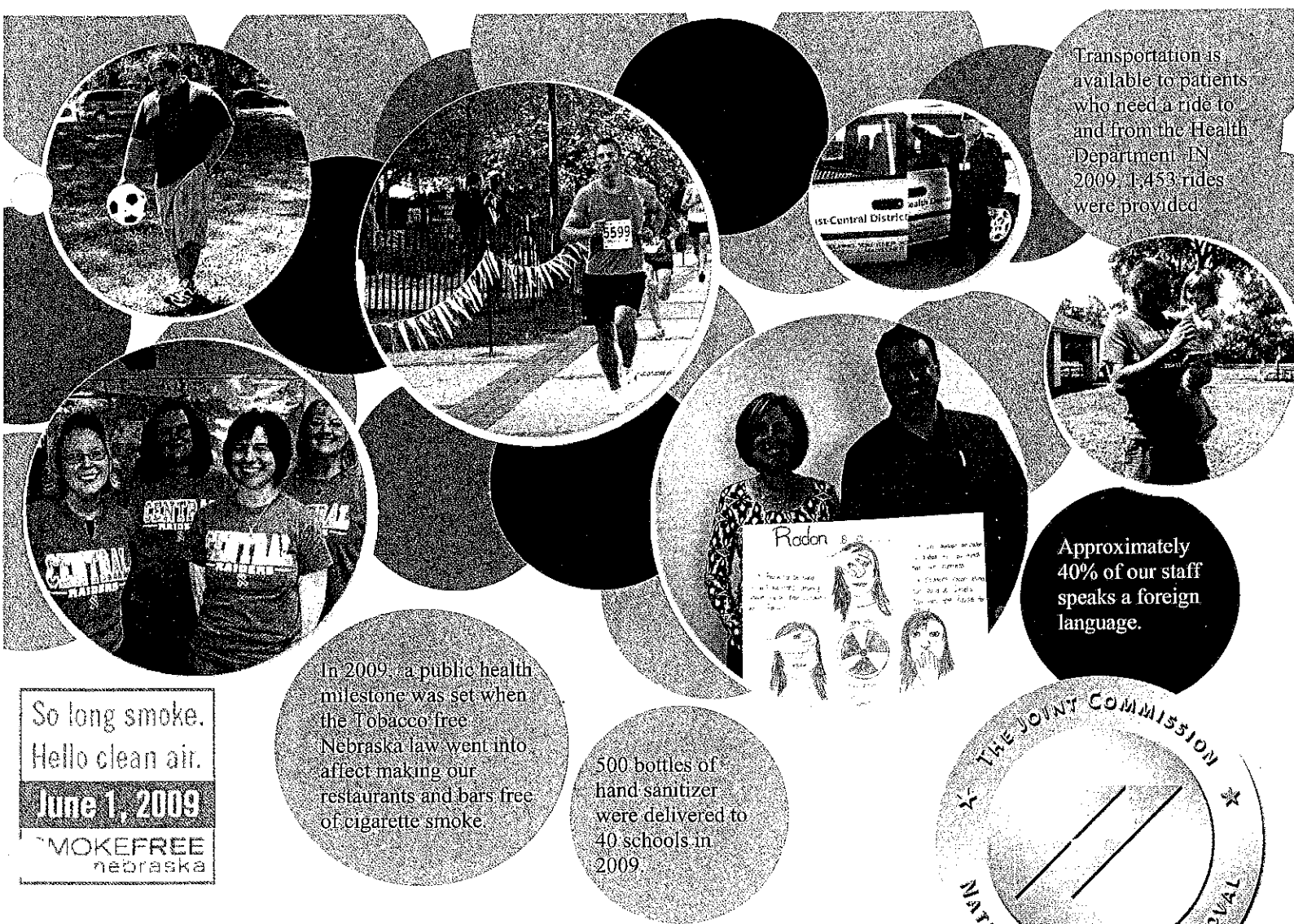
FERNANDO LOPEZ, CHAIRMAN
ALICE HAENGGI, VICE CHAIRMAN
DR. RONALD KLUTMAN, TREASURER
CONNIE PETERS, SECRETARY

TOM MEEK, DIRECTOR
JESSICA FROEHNER, DIRECTOR
ANGELA MARTINEZ, DIRECTOR
FRANK WETLAND, DIRECTOR
CAROLYN FEHRINGER, DIRECTOR

This is Public Health...

Maternal Child Health provides immunization administration through the Vaccines for Children Program, paternity testing, and school health screens at rural and private schools in the four-county area. During 2009, 2,174 children received 6,000 vaccines. Children were screened at area schools, and 105 paternity tests were done. The State of Nebraska Immunization Program reports that ECDHD has the most thorough records in the State. During a recent program assessment, 100% of children who receive services with the ECDHD MCH program were up to date with their immunizations by age 2.





Transportation is available to patients who need a ride to and from the Health Department. IN 2009, 1,453 rides were provided.

Approximately 40% of our staff speaks a foreign language.



So long smoke.
Hello clean air.

June 1, 2009

SMOKEFREE
nebraska

In 2009, a public health milestone was set when the Tobacco free Nebraska law went into affect making our restaurants and bars free of cigarette smoke.

500 bottles of hand sanitizer were delivered to 40 schools in 2009.

Community Health Issues

HIV, emergency preparedness & communicable disease information & education

402-563-9656

Crisis Navigators—A program of Rainbow Center
Crisis hotline for mental health & substance abuse

866-758-4749

ECDHD Wellness Center

Environmental, HIV, health promotion education,
Physical activity, weight loss & prevention programs
Tobacco and Substance abuse prevention programs

402-563-9656

Good Neighbor Community Health Center

Medical/Obstetrics
Dental
Behavioral Health

866-466-9339 or 402-562-7500
402-562-8955
402-562-8954
402-562-8965

Immunizations

402-562-8956

Early Development Network

Child Development Information

402-564-4497
800-564-2805

Reproductive Health Clinic & HIV Testing

PAR tests, birth control, pregnancy testing

877-862-9199
or 402-562-9000

Columbus WIC Program

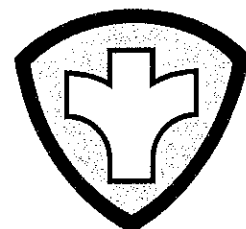
Schuyler WIC Program

Boone/Nance WIC Program

Nutrition & health education, nutritional foods

800-395-7862 or 402-564-9931
402-352-3488
402-395-3248

Thank you to everyone who
made 2009 a success!



Public Health
Prevent. Promote. Protect.