

TOBACCO FREE SARPY

# TFS

*promoting healthy choices*

Tobacco Free Sarpy

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## Work Tobacco-Free Everywhere, Everyone

Why would you want your work environment tobacco-free?

### 1. Save Money

Employees who smoke generally cost employers more in workers' compensation, health care, and lost productivity. In addition, tobacco-free businesses can save money on cleaning costs, property damage, and fire insurance.

### 2. Increase Productivity

An employee taking four 10-minute smoke breaks a day will be away from his/her job for more than one extra week per year than a non-smoking employee.

### 3. Reduce Absenteeism

Smokers, on average, are absent from their jobs 2.3 more days per year than non-smokers.

### 4. Lower Your Liability

A tobacco-free work environment reduces the risk of lawsuit and disability claims due to secondhand smoke exposure.

### 5. Protect Your Employees' Health

Quitting tobacco reduces the risk of lung cancer, heart attack, heart disease and upper respiratory infections.

## MISSION

To promote and to advocate for healthy tobacco-free lifestyles through public policy, education, and enforcement in Sarpy County.

## VISION

To empower the community to advocate for reduction of tobacco use by changing norms. TFS will promote prevention and policy change through increased community education and awareness.

## GOALS

- Reduce exposure to secondhand smoke.
- Reduce health disparities related to tobacco use in Sarpy County.
- Reduce youth access to tobacco.
- Reduce tobacco use within Sarpy County.

## It's as easy as 1-2-3!

- 1 Take advantage of your current health plan.
- 2 Promote the free and confidential Nebraska Tobacco Quitline: 1-800-QUIT-NOW or [QuitNow.ne.gov](http://QuitNow.ne.gov).
- 3 Implement and maintain companywide tobacco-free policies and initiatives.

There are many benefits to having a tobacco-free business for you, your employees, and your customers. For more information visit [TobaccoFreeSarpy.org](http://TobaccoFreeSarpy.org) or call 402.593.3022.

Source: [TobaccoHurtsBusiness.ne.gov](http://TobaccoHurtsBusiness.ne.gov), Accessed: September 27, 2013